

COMMUNITY LEARN TO SAIL

Southern Idaho Sailing Outreach Newsletter | Summer 2020



All in Good Company

So what does SISO have in common with Race to Robie Creek, Idaho Shakespeare Festival, Treefort Music Festival, Sun Valley Film Festival, 2020 Olympic Games and so many other great events?

They are all cancelled for community safety and the protection of public health. Like so many others, we opted to cancel our summer schedule.

SISO, in conjunction with Boise Parks and Recreation are in the company of many other great organizations, recognizing that the health and safety of volunteers, participants and families is paramount.

By next summer, we fully expect kids will be sailing their own boats with the wind, water and sails filling their imaginations. They will be having the time of their lives, laughing, making new friends, enjoying the great outdoors and learning life long skills associated with sailing.

Even so, we are asking where the summer went, and can hardly believe kids are heading back to school. Throughout the summer, SISO has redirected efforts and resources in the interest of public safety. Instead of sailing camps, we have been improving our infrastructure, so next summer we will be ahead of the curve and ready to launch in style.



2020 - Empty docks reflect a sign of the times



2019 - Docks reflect a summer full of adventure

Never Enough of a Good Thing



Peter Palmer, Kent Reetz, Tina Klamt and Steve Christiansen with SISO's two new RS Zest sailboats.

If 10 is good, would 12 be better? In the case of RS Zest sailboats for our sailing camps, the clear answer is yes.

SISO recently purchased two new RS Zests, bringing our total sailing fleet to 12. The extra boats will provide an instructor boat and one back up boat.

The boats were purchased after our experience during last season's sail camps. We realized that our young sailors enjoyed having an instructor sailing along with them.

Campers generally sailed their own boat, or an instructor might join them in a boat. Sometimes an instructor would sail along in a separate boat, allowing students to watch and learn what the instructor was doing and explaining.

Having two additional boats in the fleet gives our teaching team maximum flexibility for on-the-water demonstrations. The extras also mean we have a back up boat if needed.

Sailing: A Family Affair

Youth sailing camps might have been suspended this year, but that did not stop 14 year old Noah Streif from getting out on the water at the Southern Idaho Sailing Association (SISA) Cascade regatta in July. Noah took advantage of SISA's small boat fleet, which includes two Pico Lasers and two standard Lasers.

Noah was grinning from ear to ear the moment he started rigging the Pico Laser with his father Harald. They sailed together all morning into the early afternoon enjoying the steady mountain breeze.

Once back on land, it was time to share his sailing knowledge and love of the sport with his mom Brynne. They spent the rest of the afternoon sailing with Noah at the helm and Brynne trimming the jib.

Brynne mentioned that Noah is all over everything with sails. Noah is a Boy Scout and has earned his Small Boat Sailing Merit Badge which requires a basic understanding of small boat sailing, knots, safety, boat maintenance, first aid and water and weather conditions.

The next day Noah was back out on the water in the Pico Laser and also had the opportunity to sail a Sunfish courtesy of SISA member Ann Beck.

Noah is looking forward to youth sailing camp next year to feed his increasing appetite and passion for sailing. He is also eyeing the SISA CJ Strike Fall Regattas.

Thank You Harald and Brynne for being strong supporters of youth sailing and generous donors of SISO.



Noah with his parents Harald and Brynne

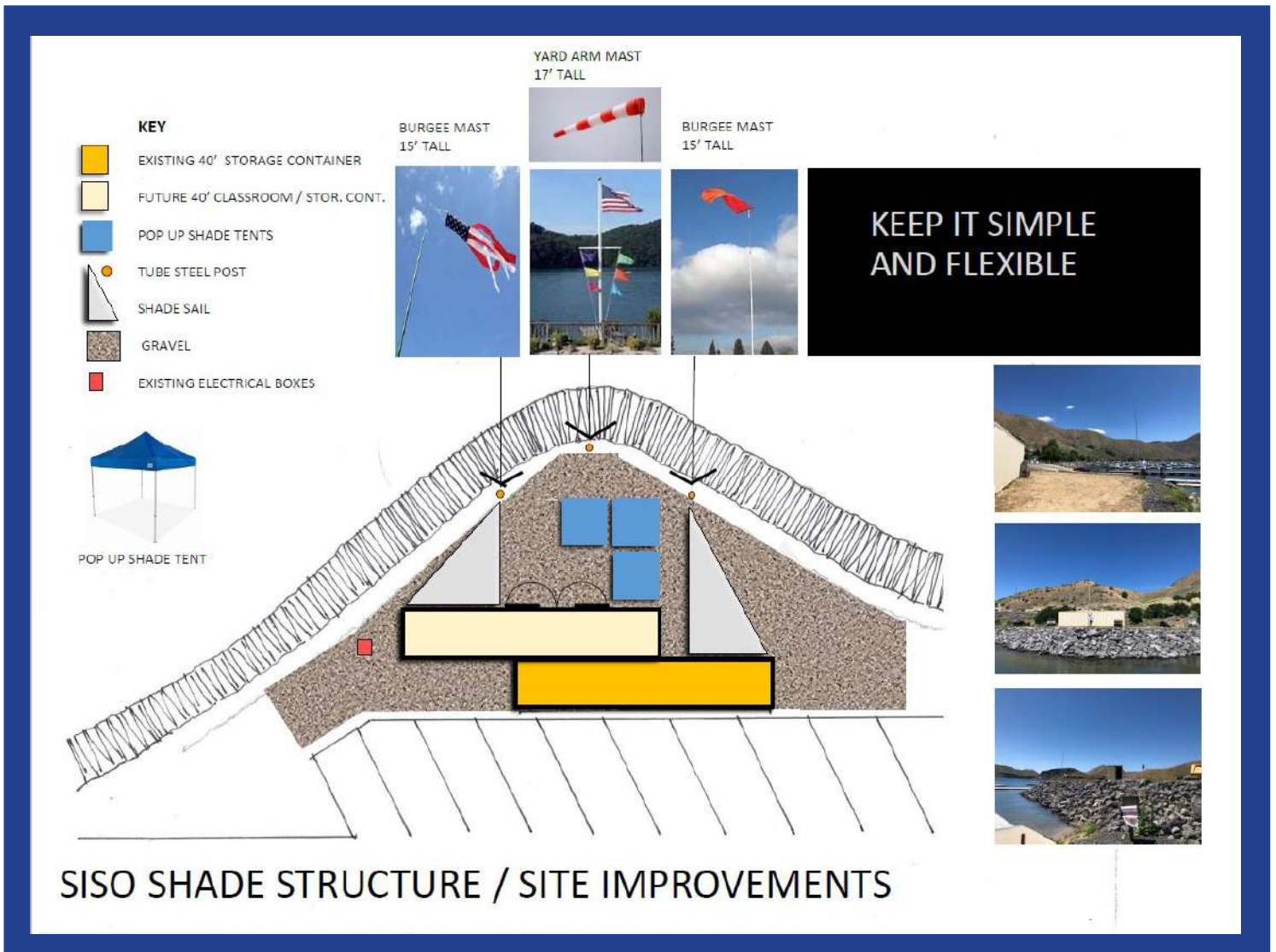


Noah at the helm with Brynne trimming the jib

Breaking Ground on SISO Site Improvements

Since we are remaining onshore this summer it's been a great time to work on infrastructure. SISO is expanding and creating our own outdoor learning environment. With your generous support we have funds available to start. **Phase 1 site improvements include:**

- Grading of the plaza area, including leveling of the clubhouse / boat storage container.
- Placing 4 inches of gravel base for drainage and walking surface.
- Purchasing 4 - 6 portable shade canopies.
- Adding portable outdoor seating and tables, enough for 12-15 students and instructors.
- Erecting three multiple use 'flagpoles' to serve as support for overhead shade canopies, attachment points for block and tackle halyards for teaching sail rigging and to serve as a flag and pennant display. The center pole will include a yardarm and be capped with a windsock. Poles will be 15-17 feet high and will announce the SISO location on the waterfront.



SISO Site Improvements (cont.)

Phase 2 will be an additional 8' x 40' cargo container attached to the existing container. Our first container holds the twelve boats on racks, all masts, rudders, lifejackets and miscellaneous equipment. We need more space and the ability to hold land-based sailing theory sessions in a semi-protected area, and not rely on holding these classes in the corner of the Spring Shores Marina convenience store as we did last year. The second container will have a large opening between the two sides, and have side doors facing the waterfront and docks.

Thank You:

- **U.S. Army Corps of Engineers** for your assistance for grading the site, digging the footings, providing mast sleeves and leveling the clubhouse.
- **Idaho Department of Parks and Recreation** for the tractor to help spread the gravel.
- **Ruschmann Sand and Gravel** for donating gravel.
- **SISO Volunteers** for your time and energy.
- **Donors** for your support of youth sailing.

If you would like to support these infrastructure improvements, visit: sailingoutreach.org and click "donate".



A big thanks to the U.S. Army Corps of Engineers Colin Byers and Dan Smith for drilling holes and setting sleeves for the three masts plus help from Lauren Howard for leveling our Headquarters with concrete blocks.



Steve Christiansen, John Gabiola and JT More finishing up the footings Twenty-two bags of Sakrete in the ground.



Morning Gravel Workshop: Thanks to our many volunteers and Idaho Dept. of State Parks and Recreation - 13 cubic yards in place in one hour. Thank you Rushmann Sand and Gravel for the gravel.



Peter Palmer and his son Max delivering the 21 foot long steel masts for fabrication. We almost needed a bigger trailer

Show Us Your Support

We are saying THANKS in a new way, sending SISO stickers to our network of supporters and donors.

Sue Jurf of Virtual Associates has donated her design expertise to SISO for a variety of projects. Our logo, newsletter layout, storage container (clubhouse) signage and corporate boat lettering were all designed by Sue. This summer she created the SISO stickers which really got her creative juices flowing.

Our clubhouse was one of the first places to display our love of youth sailing and the stickers are making their way to car bumpers and windows.

As these are suitable for placement in all sorts of locales, SISO plans to dedicate a page on our soon to be released website highlighting their use.

We would love to see pictures of SISO stickers in interesting places! Send your photo to: info@sailingoutreach.org and tell us where exactly they (you) are. Or, tag social media posts of your sticker with [#idahoyouthsailing](https://www.instagram.com/idahoyouthsailing).

Thank you to Bob Moore of Golden West Signs for the sticker donation – these are great fun!



New stickers hot off the press



Eric Davis showing his support at the SISO clubhouse



Show us your support

Knots, Knots and More Knots

There are many important skills youth sailors master as they learn to sail. One skill is learning **the art of knot tying, which requires focus and attention to detail**. Sailors have many knots to choose from that can be used for the need and conditions. It's all about tying the appropriate knot to meet the specific purpose. Three knots our youth sailors learn the first day of camp include the bowline, square and figure eight knots. If you are looking for something to do, why "knot" learn how to tie these basic knots?

Bowline: The bowline is possibly the most popular knot in the sailing world. It is commonly used to fasten a halyard to the head of a sail or to tie a jib sheet to a clew of a jib. Ugh... all this sailing terminology. Another example of the benefits of youth sailing...learning the sailing vocabulary.

Square Knot: The square knot, or the reef knot as it's sometimes referred to, is probably the best known knot. Its primarily used to join two lines of similar thickness, however, it's NOT reliable for ropes or lines of different thicknesses. It's also used to secure a rope or line around an object.

Figure Eight Knot: This knot is the sailor's common stopper knot and is tied in the ends of line to prevent them from running out of retaining devices. This knot is also a favorite knot of rock climbers.



Bowline Knot



Square Knot



Figure Eight Knot

SISO Numbers 2020

It's amazing how time flies when your having fun. So much accomplished in so little time.

1: on site rented storage container, affectionately referred to as the SISO Clubhouse. This is stuffed – we plan to upgrade to two owned units: **You can help make it happen.**

2: new RS Zest instruction boats allowing for back up and course flexibility.

3: strategic partnerships in place with Idaho Department of Parks and Recreation, Ada County, and Boise City Parks and Recreation. SISO has established the strategic partnerships necessary to begin a youth sailing education program in Southern Idaho. These provide stability for the success and growth of a long term program.

4: SISO youth sailors who have sailed with the Southern Idaho Sailing Association (SISA – our parent organization) in COVID sensitive 2020 regattas.

5: gallon capacity of our donated water cooler, allowing safe and easy refills.

6: SISO sailboats sponsored and named via \$10,000 individual donations. A huge shout out to: Nancy & Eric Davis, Becci and Dick Armstrong, Winston Moore, The Idaho Central Credit Union, Lombard Conrad Architects and SISA.

7: individuals making up the SISO Board. It's a diverse group of passionate Idaho sailors hoping to pay it forward. And.....running out of sequential numbers here. For now, a minor leap forward.....

12: total SISO RS Zest instruction boats.

13: cubic yards of round ¾" gravel covering our newly improved teaching area. (Thank you to Ruschman Sand & Gravel for the donation).

22: bags of sakrete used for flagpole footings for our new yardarm and two adjacent flagpoles.

43: weeks until 2021 SISO Summer Youth Sailing Camps begin. WHOOPA!

150: pounds. Weight of the finished SISO yardarm (see above).

400: cool SISO donor stickers printed (Thank you to Golden West Signs for the donation)

43,000: dollars - value of in-kind and non-cash contributions to SISO's Youth Sailing Efforts.

120,000: dollars in private and corporate donations. Many thanks to all!

122,000: dollars of successfully awarded competitive grants.

The goal of SISO is long term program sustainability through slow, planned growth. We are continuing our strategic fundraising program (with consideration to the current pandemic) into 2021. The initial response has been overwhelmingly positive. We are intent on building on that. We've been contacted by the Ada County School District, the Boy Scouts and various adults and families regarding additional programs. Future plans include family, disabled and veteran sailing opportunities. Southern Idaho Sailing Outreach ultimately needs to raise \$415,000 in total to fully implement our long term strategic planning goals.

The sport of sailing offers a unique experience for youngsters compared with traditional team activities. Sailing provides opportunities that fosters self-reliance, builds decision-making skills, critical thinking, curiosity, confidence and offers a gateway to a lifetime of discovery and adventure.

So again.....please help us help the youth of Idaho. "There is nothing, absolutely nothing, half so much worth doing as simply messing about in boats." Kenneth Grahame *The Wind in the Willows*



Proposed future lake view of SISO Clubhouse



Thank You Idaho!

Southern Idaho Sailing Outreach received \$4,365 from the 2020 Idaho Gives Campaign. We are very fortunate to be part of giving community.



Through your generous donations, SISO is growing one step at a time. Our future is bright and youth sailing in the Treasure Valley is ALIVE!

Help Make Youth Sailing Possible

Youth sailing education in Southern Idaho is in great demand. Consider making sailing accessible to all Treasure Valley Youth.

Be part of our success!

SISO is a nonprofit organization that promotes a healthy, active lifestyle through youth sailing education.

Thank you for considering becoming a program advocate today by making a tax-deductible donation.

- ❑ **Online:** sailingoutreach.org by credit card (PayPal)
- ❑ **By check:**
Payable to:
Southern Idaho Sailing Outreach Corporation
2117 N 14th Street · Boise, Idaho 83702
(help us save on costs by using your own envelope and stamp)



“Your greatest success is achieved when you help others succeed”

- Hermann J. Stienherr

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Peter Palmer, Co-Chair/Treasurer

Eric Davis, Fundraising Chair

John Burke, Sailing Instructor

Steve Christiansen, Lead Sailing Instructor

JT More, Sailing Instructor

Tina Klamt, Member at Large

Advisory Board Members

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Idaho Dept. of Parks and Recreation

Marie Hattaway
Boise Parks and Recreation

Clay Lee
Boise Parks and Recreation

Lynette Hoy, Public Relations

Chris Marshall, Education Liaison

Kent Reetz, Sailing Instructor

Vince Serio, Sailing Instructor



Time for Lunch - Sailing Camp 2019

THANK YOU!!

Your generous financial support gives Idaho's youth the opportunity to learn and grow through sailing.

Youth sailing camps provide lessons in sailing and safety including: discovering how systems like sails and lines work together and how to manage those systems to power a boat; building self-confidence when mastering new skills; and experiencing the adventure of exploring new places and outdoor activities. We envision that a SISO youth sailor from landlocked Treasure Valley will one day go on to pursue the dream of sailing in the Olympics.

Dave and Denise Arellano
 Dick and Becci Armstrong
 Terry and Jane Baird
 Michael Ballantyne
 Ann and Eric Beck
 Susie Bellini and Darrell Harrington
 Steve Benner and Kate Fahey
 Boise Rigging Supply
 Boise Sunrise Rotary Foundation
 Mike Bullenger
 John Burke and Sherry Sweargin
 Steve and Darla Christiansen
 Rudy Clark and Linda Clark-Santos
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Gail Hofert
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 Brett and Kay Hunt
 Idaho Central Credit Union
 Idaho Department of Parks and Recreation
 Idaho White Water Association
 Richard Johnson
 Sue Jurf, Virtual Associates
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 Ross Park
 Timothy and Karen Parsons

Linda Perez and Roger Malinowski
 Brain Pollard
 Kristi Purdy
 Race to Robie Creek
 RedLine Recreation Toys
 Don Reiman, Echelon Group
 Retail West Properties
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 Rudder Craft
 Ruschman Sand & Gravel
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