

COMMUNITY LEARN TO SAIL

Southern Idaho Sailing Outreach Newsletter | Fall/Winter 2020



Setting Sails at SISO Sailing Center

Smoke-filled skies and times of uncertainty did not dampen the spirit, ambition and vision of SISO this summer. The SISO board and volunteers took advantage of the lull created by COVID to complete another phase of the Sailing Center at Spring Shores Marina.

What was once barren ground has become an outdoor classroom, where Treasure Valley youth will learn the science, engineering and skills of sailing in an environment designed for flexibility and active imaginations.

The outdoor classroom includes a windsock, yardarm and three masts. It's all designed to serve as a teaching space for hands-on learning. Students will be able to practice land-based rigging, tying knots and selecting sails, and learn about sail selection and sun angles. In the process, they'll design and build their own shade structure.

The sailing center venue has one of the best views of Lucky Peak Reservoir. This view provides the perfect location to learn the impacts that topography has on wind and water. It is a perfect location to experience the morning and afternoon wind that provides for sailing opportunities.

If you are scratching your head about the sailing center yardarm, check out Nautical Knowledge on page 6.



Installation of yardarm with windsock



Ready to raise the sails



Sails aloft



Thank you to all those that donated sails to create shade



SISO is up and ready for smooth sailing next year

Idaho Sailor Serves as Youth Sailing Ambassador

Maggie Scanlan, a participant in the second Boise City Parks and Recreation Summer Sailing Camp in August 2019, has been appointed as a US Sailing Youth Ambassador. This network of young sailors across the nation works closely with the newly formed 15-member US Sailing Youth Advisory Board. The Advisory Board was recently created by US Sailing to give young sailors a voice in the sport of sailing. The Ambassadors are part of a network of various subgroups that have been developed to work on initiatives such as diversity, mentorship opportunities, and creating a youth sailing forum, among others.

Every few weeks, Maggie and other Youth Sailing Ambassadors are provided action items to promote sailing in their communities. Throughout the summer and into the fall, Maggie has become active with the US Sailing Youth Ambassador Program. She has participated in virtual meetings with other young sailors and discussed ways to promote youth sailing in their respective communities, and she incorporates sailing events on her Instagram account.

Of her experience Maggie says, “It has been a great learning opportunity, and I have been able to meet many young sailors from across the country.” Maggie has particularly enjoyed the virtual sailing regattas hosted by US Sailing as a fun way to interact with fellow sailors during the pandemic.

The Youth Advisory Board is led by 17-year-old Will Levy from Lincoln, Massachusetts. “I am passionate about the sport of sailing, and through the US Sailing Youth Advisory Board, I hope to positively impact the sport and help engage other youth sailors to take a leadership role nationally and regionally,” he says. US Sailing Youth Director John Pearce says, “Our youth department will work closely with the young people on the Youth Advisory Board to create a new platform for youth sailors to shape the future of the sport.”

Maggie raced in her first regatta with SISA this summer at Cascade and loved competing on the water. Southern Idaho Sailing Outreach is proud of all its youth sailors and appreciates Maggie Scanlan for her volunteerism and commitment to the sport of sailing!



Maggie Scanlan - Youth Sailing Camp 2019



Maggie enjoying a breeze - Youth Sailing Camp 2019

Aye on the Wind—Interview with Doris Denney

Doris Denney is a retired pharmacist and an early member of SISO's parent organization, Southern Idaho Sailing Association (SISA). She has sailed in numerous places in the U.S. and the world. SISA caught up with her before the first hard frost of the fall. It was a great porch conversation.

History

JT More - How did you get involved in sailing?

Doris Denney - I grew up in Connecticut on Long Island Sound and spent many days at the beach. But, I never had the opportunity to sail. At the beginning of my career I moved to Boston and lived near the Charles River. On a rainy day in April 1965 a friend and I went to Community Boating for an Open House. That was my first exposure to sailing and I was hooked. I learned in a Cape Cod Mercury. Sailing after work on the Charles, racing on Sunday mornings, and then Frostbite Races in Marblehead in the fall. The method at Community Boating was that someone taught you to sail and then you taught someone else.

Experience

JT - Did you then move to Idaho?

DD - In 1969 I left Boston and moved to Cartagena, Colombia, for a position with Project HOPE. While there I purchased a 14ft. Gaff rigged sailboat. It was not the best sailing boat, but it was mine. The boat was docked at the local yacht club. There I met many sailors who were either coming or going from the Panama Canal. One day as I was sanding the boat I felt I was being watched. I looked up and recognized a high school classmate who had crewed on a boat from San Diego. Small world.

In addition to Boston and Colombia I have also sailed in Honduras, Panama, Costa Rica, French Polynesia, Cook Islands, American Samoa, Caribbean, and throughout the U.S. (Even Nebraska....)

Idaho Connection

JT - How did you end up sailing in Potato Land?

DD - I moved to Idaho in 1973 from Colorado to work for Terry Reilly Health Services. I did not know anyone here and after a few days of work we had a day off. Not sure what I would do, but I remembered a sign for Lake Lowell. I packed a lunch and headed there. I saw two sailboats on the water and decided to just sit on the dock and wait until they came in. My thought was that they would either step over me or stop and talk. Fortunately it was the latter and I met Otto and Rachel Shields. (The SISA race committee boat is named after Rachel.) It was that day that I learned about SISA and 3 weeks later I was racing in a SISA Regatta at McCall in a Y-Flyer. When I left Colorado, my skipper there told me to be sure and start a sailing group in Idaho. But, I did not have to do that since there already was one here.

In 1974, Otto and Rachel convinced me to buy a Laser. (I originally wanted to buy a horse.) I raced the Laser for about a decade. Many SISA regattas at Lake Lowell, Cascade, CJ Strike, American Falls, Payette, Redfish Lake, and Owyhee Reservoir. There were many beach boats at that time – Lasers, Hobie Cats, Y-Flyers. My Laser ended up with friends in Seattle and is still being used.

(continued next page)



Doris at the helm of her Laser during a SISA regatta at CJ Strike

Aye On The Wind (cont.)

Thoughts

JT - Were there any memorable moments?

DD - Many. One of my most memorable was a capsized one April at Lake Lowell. The water was ice cold and I was unable to right the boat. Fortunately, SISA racers John and Barbara Curtis turned their boat around and pulled me out of the water. Barbara stripped my wet clothes off and put me in a sleeping bag. That was a scary moment. But, they saved my life.

There is a thrill working the wind. Racing teaches you so much – the skills and tactical decisions – all have some carry over in life.

I have sailed more in Idaho than any other place. That surprises people.

SISA regattas were great with much camaraderie among members and their families. Most people camped in those days and we had good times around the campfire. We all had a common interest – the thrill of sailing and racing.

I am so pleased that SISO started a youth sailing program here. I had often thought that Idaho needed a program similar to the one that I came to know so many years ago in Boston.

Sailing is definitely something you can take with you throughout your lifetime.

JT - Doris, thank you so much.

DD - There are still apples on the tree. Please take some.



Doris enjoying sailing her Laser at Lucky Peak

SISO Windssock

Thank you Charlie and Rebecca Visser for their generous donation of the SISO windssock.

The windssock not only provides an indication of wind direction for the sailing center and others enjoying Lucky Peak, but will also play an important role for incoming Life Flight (air ambulance emergency service) if the service is needed at Spring Shores Marina.

Windssocks are calibrated to fully extend horizontally at 15 knots or higher wind. The orange and white strips indicated wind speed. The first stripe indicates 3 knots, second stripe is 6 knots, third stripe is 9 knots and fourth stripe is 12 knots.

One knot is equal to approximately 1.151 mph.



Dick Armstrong & JT More attaching the windssock



Howard King keeps tab on the windssock as the mast is moved to position



Windssock in action

New Website

Check out our newly launched website to learn more about our program, partners, news and ongoing efforts to bring the magic of sailing to Treasure Valley youth.

Visit us online at:
sailingoutreach.org



A World of Opportunities and Experience

Sailing teaches the value of hard work and cultivates a spirit of adventure for a lifetime. And when we look to our colleagues in SISA, James Clark is a sailor who embodies these characteristics.

So, when SISO needed steel fabrication work on the sailing center yardarm and mast project, we looked to James for help bringing our design ideas a step closer to fruition. Ingenuity, heavy lifting, artistry and attention to detail is just a small sampling of what he brings to every project on which he works. In addition to the SISO yardarm project, James has put his skills to work assisting the local sailing community on numerous projects .

It's conceivable that James' appreciation for adventure and a strong work ethic were developed during his sailing experiences as a young man. James grew up on the west coast of Scotland, always seeing boats coming and going. "It was only natural to take to the waters and see what it was like," he recalls. "I sailed up and down the west coast of Scotland when I was in my school years." Eventually, James came to fully appreciate the opportunities sailing can offer. Before finding his way to North America, Australia and various countries throughout Central America, he worked in the North Sea as an engineer for seven years.

Some ten years ago, James started a metal fabrication business, Great Scot Creations, in the Boise area. "I have been lucky to utilize my trade to help and assist the sailing community in different ways."

James yearns for the sea and the many opportunities that sailing provides. He feels very fortunate to be able to sail up and down the west coast of USA delivering sail boats, including to Mexico and Hawaii.

"I have learned a tremendous amount from the local sailing club, SISA and I will always be floating about the water in some sort of vessel for many years to come, even if it is to compete in a race and watch how it is won from way, way, way back."



*James at his business
Great Scot Creations*



*Yardarm fabrication
in progress*



*Sailing a 60' ketch off
the coast of Hawaii*

Youth Sailing Education

Sailing provides many learning opportunities. Here are five easy to remember reasons why kids should learn how sail.

1. Bonding

- Connecting with people and the space that immediately surrounds them
- Providing a place where conversation, laughter and shared silence happens

2. Balance

- Between the natural world and digital experiences

3. Systems

- Sailboats are great examples of how intricate systems work together to do something incredible
- Connecting to STEM through understanding sailing systems. Fostering critical thinking in kids

4. Work Ethic

- Teaching work and instant reward lessons
- Illustrating clear meaning in the value of organization and cleanliness

5. Adventure

- Sailboats are safe and offer a ticket to the unknown
- Sailing is a place where a child can stretch his or her imagination



Mohammed Widad rigging to go sailing



Sailing Camp – 2019

Nautical Knowledge

Expand your wisdom through the world of nautical vocabulary.

Yardarm: a horizontal spar on a mast from which square sails are rigged. Rigging is attached to the yardarm to allow the crew to work aloft and to control the sails.

Nautical flagpoles with yardarms became particularly popular with the Navy to display signal flags and with yacht clubs to display flags and the club burgee.



Nautical mast with yardarm

“The sun's over the yardarm”:

The expression is believed to have originated in the north Atlantic where the sun would rise above the upper mast spars (yards) of square sailed ships around 11am. This coincided with the forenoon ‘stand easy’ when officers would go below and enjoy their first rum tot of the day.



Photo of yardarms on a square rigger



Keyton Smith fine tunes the rigging before heading out to sail

Through your generous donations, SISO is growing one step at a time. Our future is bright and youth sailing in the Treasure Valley is ALIVE!

Help Make Youth Sailing Possible

Youth sailing education in Southern Idaho is in great demand. Consider making sailing accessible to all Treasure Valley Youth.

Be part of our success!

SISO is a nonprofit organization that promotes a healthy, active lifestyle through youth sailing education.

Thank you for considering becoming a program advocate today by making a tax-deductible donation.

- ❑ **Online:** sailingoutreach.org
by credit card
- ❑ **By check:** Payable to:
Southern Idaho Sailing Outreach Corporation
2117 N 14th Street · Boise, Idaho 83702



Follow us on
Instagram

@IdahoSailingOutreach



@SouthernIdahoSailingOutreach



“Simply sailing in a new direction you could enlarge the world”
— Allen Curnow

Board of Directors

Howard King, Co-Chair

Peter Palmer, Co-Chair/Treasurer

Eric Davis, Fundraising Chair

John Burke, Sailing Instructor

Steve Christiansen, Lead Sailing Instructor

JT More, Sailing Instructor

Tina Klamt, Member at Large

Advisory Board Members

Surat Nicol

Idaho Dept. of Parks and Recreation

Marie Hattaway

Boise Parks and Recreation

Clay Lee

Boise Parks and Recreation

Lynette Hoy, Public Relations

Chris Marshall, Education Liaison

Kent Reetz, Sailing Instructor

Vince Serio, Sailing Instructor



THANK YOU!!

Your generous financial support gives Idaho's youth the opportunity to learn and grow through sailing.

Youth sailing camps provide lessons in sailing and safety including: discovering how systems like sails and lines work together and how to manage those systems to power a boat; building self-confidence when mastering new skills; and experiencing the adventure of exploring new places and outdoor activities. We hope that a SISO youth sailor from landlocked Treasure Valley will one day go on to pursue the dream of sailing in the Olympics.

Dave and Denise Arellano

Dick and Becci Armstrong

Tom and Leslie Arnold

Terry and Jane Baird

Michael Ballantyne

Ann and Eric Beck

Susie Bellini and Darrell Harrington

Steve Benner and Kate Fahey

Boise Rigging Supply

Boise Sunrise Rotary Foundation

Mike Bullenger

John Burke and Sherry Swearngin

Capitol Landscape

Steve and Darla Christiansen

Rudy Clark and Linda Clark-Santos

Dennis Cleary

William P. Cody

Paul Collins MD Orthopaedic Health Care

CM Company

Tom and Laurie Corrick

Alan and Alice Crockett Fund

Eric and Nancy Davis

Ken DeAngelo

Nancy DeMauro

Doris Denney

Eidam and Associates

Estate of Simon Elzinga

Brent English

Charles R. Gains

Kate and Tyler Gehrs

Lisle George

Golden West Electrical Sign Company

Bob and Dottie Greenwood

Jeff Harker

Rob Haynes

Mark and Kaye Heazle

Gail Hofert

Lynette Hoy

Brett and Kay Hunt

Idaho Central Credit Union

Idaho Department of Parks and Recreation

Idaho Marine, Inc.

Idaho White Water Association

Richard Johnson

Sue Jurf, Virtual Associates

David L. Kemper

Steve and Marianne King

Tina Klamt

Louis and Laramie Leraistre

Lochsa Engineering

Lombard / Conrad Architects

John and Patti Lough

Riley and Stephanie Mahaffey

Chris and Kerry Marshall

James Monroe

Steven W. and Carrie M. Moore

W.H. Moore Company

James T. More Appraisals, LLC

JT More and Sue Jurf

Gavin Morrison, McEachern Morrison Foundation

Surat Nicol

Greg O'Sullivan

Betty Palmer

Max Palmer

Peter Palmer

Emma Palmer

Jess Payne, Jess Payne Appraisal Service

Jess and Linda Payne

Ross Park

Timothy and Karen Parsons

Linda Perez and Roger Malinowski

Brain Pollard

Kristi Purdy

Race to Robie Creek

RedLine Recreation Toys

Kent Reetz

Don Reiman, Echelon Group

Retail West Properties

Nancy and Fred Ringenburg

Jason Robinson

Joel Robinson

Rudder Craft

Ruschman Sand & Gravel

Keith and Lynn Sander

Katie Scanlan

Eric Schulman

Vince Serio

Steve and Susan Simmons

Southern Idaho Sailing Association

Lynn Stott - Stott Designs

Harald Streif Family

Martin Sutton, Kustoms Unlimited

Nancy Taylor and Doug Houston

TOK Commercial

U.S. Army Corps of Engineers

Tom Valasek

Charlie and Rebecca Visser

Jamie and Laurie Wanke

Washington Trust Bank

Jon and Margie Watson

Robert L. and Phyllis M. Watson

Rico E. Weber

Cydney Weiland and Robert Smith

Marc Welt

West Coast Sailing

Arlene and H.W. Wihr

Beverly J. Williams

David and Debra Wyler