

# COMMUNITY LEARN TO SAIL

Southern Idaho Sailing Outreach Newsletter | Spring 2024



## Time Flies When You're Having Fun



**It is hard to believe that 2024 will be SISO's 5th year of youth sailing camps.**

SISO, Boise Parks and Recreation and Idaho State Parks and Recreation are excited to announce 80 Treasure Valley youth will have the opportunity to learn how to sail this summer. Scheduled camps include three basic learn to sail camps, one all girls basic learn to sail camp, two intermediate sailing camps and two racing camps.

Youth Sailing Classes begin June 3, 2024. All classes will be held at our Sailing Center at Spring Shores Marina, Lucky Peak State Park. Registration through Boise City Parks and Recreation opens April 1, 2024. Classes fill up quickly. Help us get the word out to anyone you know that would like to give their kid(s) an opportunity of a lifetime. For more information about our youth sailing camps and how to register, visit our learn to sail page at [sailingoutreach.org/learn-to-sail](https://sailingoutreach.org/learn-to-sail).

Camps are dependent upon adequate water levels, and we have been notified that the Corps of Engineers plans to start a drawdown on the third week in July for work on the Turner Gulch boat ramp. We recommend registering for early camps this year.

## Come Volunteer with Us

Have fun, learn something new, enjoy the great outdoors, be amazed beyond your wildest dreams and witness the magic of youth sailing. No sailing experience required.

Our volunteers learn new skills, make new friends and have the satisfaction of knowing they have contributed to providing opportunities for kids to learn in a fun and safe environment. Providing education under sail provides experiences that will positively influence the well-being of kids for years to come.

The only requirement is for you to complete the NASBLA course (safe boating course). A free online course can be found at: <https://www.boatus.org/idaho/>. As a volunteer you will be participating in many aspects of a youth sailing camp including assisting on the safety/chase boats. Therefore, it is important to have a basic knowledge of operating a powerboat safely. There is a lot of valuable information in this online course.

For information on becoming a volunteer, email us at: [info@sailingoutreach.org](mailto:info@sailingoutreach.org).

## 2024 Camp Schedule

June 3-7: Racing Sailing Camp

June 10 -14: Intermediate Sailing Camp

June 17-21 : Basic Girls Sailing Camp

June 24 -28: Basic Sailing Camp

July 8-12: Basic Sailing Camp

July 15 -19: Intermediate Sailing Camp

July 22-26: Racing Sailing Camp

July 29 – Aug 2: Basic Sailing Camp

# New for 2024 - SISO Sailing Center Upgrades

SISO is excited to announce two critical upgrades to the SISO Sailing Center. These upgrades include a weather station providing real-time weather data that can be accessed onsite or remotely. In addition, new shade sails will be a significant improvement for providing the much-needed shade during hot sunny afternoons. Both of these upgrades meet our number one priority — the safety and wellbeing of youth sailors, volunteers and instructors.

## New Weather Station

SISO is partnering with Weatherflow.com, T-Mobile, and the City of Boise to install a Tempest weather station at our sailing center at Lucky Peak Reservoir. T-Mobile is providing SISO with a cellular phone that will both provide emergency calling as well as serving as a hotspot for the Tempest Weather Station. Boise City is funding the cell service required to tie it all together.

This new weather station will be installed in the spring of 2024 and will provide real-time monitoring and recording of several weather parameters (we are especially interested in wind). In addition, it will provide advance warning of the potential for electrical storm hazard, giving us time to get our sailing students off the water if there is a threat of a thunderstorm - sometimes not visible deep in the canyon.

The combination of the weather station and the emergency phone will improve the safety of our youth sailing camps. In addition, the weather station provides the opportunity for better scheduling of SISO's on water sessions. It will help foster discussion with young sailors of the importance of pre-trip planning and appreciation of changing wind patterns.



## New Shade Sails



*New Shade Sails - A Welcoming Sight.*



*Previous Shade Sails - Progress.*

The SISO Sailing Center provides the opportunity to learn in the great outdoors. The outdoor classroom enjoys the cool mornings which can be refreshing and may require youth sailors to wear a jacket to keep warm. However, hot afternoons require shade. Shade becomes a welcome relief from the direct sun.

The shade sails allow the outdoor classroom to be a habitable space for the entire day. One of the most important benefits of shade sails is that they provide protection from the sun. By blocking out the harmful UV rays, youth sailors, volunteers and instructors can enjoy the outdoor classroom and minimize the worry about sunburn or skin damage.

Other benefits of the shade sails are they provide an aesthetically pleasing statement calling attention to the Sailing Center and provides learning and teamwork opportunities. Each morning sailors raise the shade sails with halyards and secure the halyards to the masts with a cleat hitch, one of the many nautical knots that is taught. Each afternoon the sails are lowered, folded and stored.

Thanks to all those that donated used sails to SISO to help us get the outdoor classroom up and running. Those sails have served their purpose on the water sailing and a second life providing much needed shade for the past four years. THANK YOU for your contribution to our progress.

# The End of a Watch—All is Well



*Eric enjoying sailing at Lucky Peak*

Eric Davis has decided to step down from the SISO Board as Fund Raising Chair. Eric is full of wisdom and never hesitates to share his thoughts. **His decision to end his watch is based on wisdom and his pro-active way of thinking and instinct “that it is better to change before you have to.”** Meaning, it is time to make room for others to continue the SISO Mission. Now is the time for a smooth transition of roles and responsibilities while the sea is calm and the weather is good.

From the very beginning of Eric’s watch, he has played a key role in taking a youth sailing program idea drafted on a napkin to the organization that it is today.

**As Fundraising Chair, Eric took a newly formed non-profit organization from a concept with no assets and no donors to a healthy, sustainable program with over 170 donors who believe in the SISO Mission and have helped make it possible.** Eric’s efforts have been the catalyst for achievements in fund raising allowing us to procure the fleet of twelve

sailboats, two new safety/chase boats, clubhouse (40’ shipping container), shade sails, and all of the other equipment needed to safely operate a high-quality youth sailing program.

**Thank you for all you have done.** Your wisdom, community outreach and methodical approach to fund raising has provided SISO with a sustainable future of teaching kids the joy of sailing. We could not have done it without you.

Eric’s watch as a SISO Board Member has ended. **However, all is well. It is satisfying to know that Eric will still be playing an active role as a SISO Advisory Board Member.**

Thank you, Eric!

## We Love Our Donors!

The SISO Board of Directors wants to thank all our donors for their generosity. In the past year we have received direct cash contributions, funds from inheritances, bequeathment from a life insurance policy and several boats that are being monetized. It all adds up to keep the operation going and our fleet of sail and power boats in top shape.

We could not run without the support of those who believe so strongly in the SISO mission and it is working!

**Kids are smiling from ear to ear, all while learning lifelong skills in the great outdoors through the sport of sailing.**

Please know your help is SINCERELY appreciated. THANK YOU!





# Together we continue to provide kids an opportunity to excel in life by learning through sailing.

April 29 - May 2, 2024

We could not have made youth sailing possible without your financial support.

Because of the outstanding support from our community, we now have a cadre of fifteen certified sailing instructors, a fleet of 12 state of the art instructional sailboats, and two reliable coach/safety power boats. **Maintaining this infrastructure - with its associated costs of insurance, fuel, moorage fees, etc. - requires continuing support.**

Our local Learn to Sail Program will open a lifetime sport for youth to the world of sailing in Idaho and beyond. Boise Parks and Recreation will offer scholarships for underserved youth, making the sport of sailing truly available to everyone. Our dream is to send a young sailor from Idaho to the Olympics someday.

SISO is once again participating in Idaho Gives this year. We appreciate your on going support.

For more information, visit [idahogives.org/organizations/southern-idaho-sailing-outreach](http://idahogives.org/organizations/southern-idaho-sailing-outreach)

## Time for Spring Cleaning - Boats for Sale

SISO is truly fortunate to have very generous donors. Donations not only include monetary donations, but recently has included used sailboats that have been donated from the estates of the previous owners. SISO is grateful for the donation of these boats and the monetary value that will be received when the boats are sold to a new owner. If you are interested or happen to know others in the market for a used sailboat, email us at: [info@sailingoutreach.org](mailto:info@sailingoutreach.org) for more information.



### 1999 Hake Seaward 25 foot sailboat

This is a project boat that was donated to Southern Idaho Sailing Outreach from the estate of the previous owner. The hull, bottom paint, sails, rudder, trailer, and inboard diesel are in new or excellent condition. The interior requires finishing.

### 1984 Santana 20 sailboat

Sailed and maintained by a sailor dedicated to racing. This boat is super clean inside, fully loaded and ready to sail. For the sales brochure click [HERE](#).



### 1978 Santana 25 sailboat

Sailed and maintained by a sailor dedicated to racing. This boat is super clean inside, fully loaded and ready to sail. Note: there is no outboard motor with this boat. For the sales brochure click [HERE](#).



# Southern Idaho Sailing Association (SISA) Plans Regatta for Youth Sailors

Youth sailors that have graduated from a Boise Parks and Recreation Intermediate Sailing Camp or Racing Camp will now have the opportunity to compete in a fun-filled regatta at Lucky Peak Reservoir, the same venue that they learned to sail. Southern Idaho Sailing Association (SISA) will run the regatta. SISO will provide the race committee boat and the fleet of RS Zests and Lasers for youth sailors to participate.

Providing more opportunities for kids to sail beyond the summer sailing camps will pay dividends to these young sailors. This regatta will provide continued learning, more time on the water, expansion of sailing friends, meet experienced lifelong sailors and enjoy a tasty meal after the last race. Mark your calendar and come on up to Spring Shores Marina on July 20, 2024 and enjoy a fun morning. See event flyer below for details.

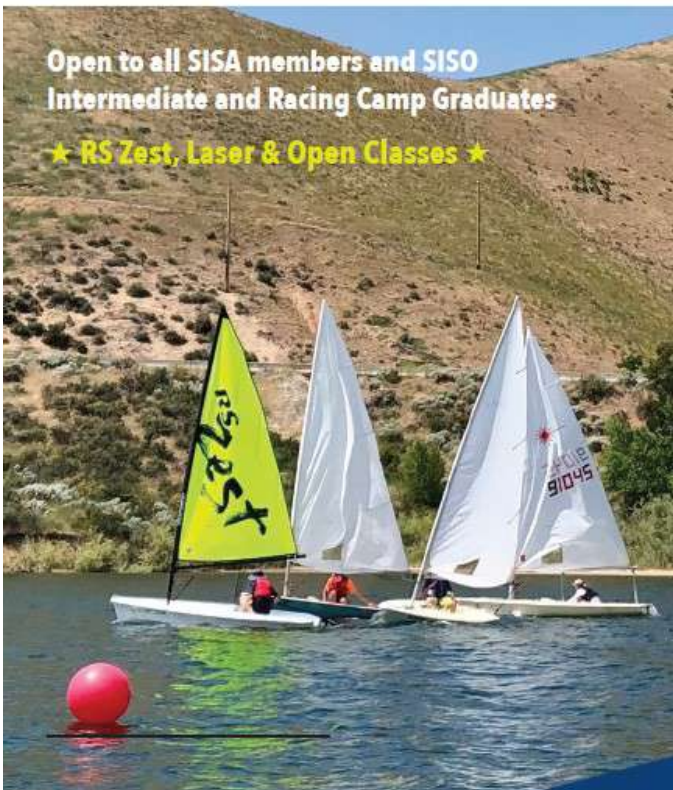


Southern Idaho  
Sailing Association

## DINGHY THINGY REGATTA

JULY 20, 2024

Sailboats 15' and under | Spring Shores Marina, Lucky Peak ID



Open to all SISA members and SISO  
Intermediate and Racing Camp Graduates

★ RS Zest, Laser & Open Classes ★

### REGISTRATION

- Free to all SISA members
- \$15 SISO camper fee (includes 2024 SISA Youth Membership and DT Regatta boat use)
- Payment link [Membership - Southern Idaho Sailing Association](#)
- Student Zest and Laser boat reservations (post registration): contact Steve Christiansen, [steveskisail@gmail.com](mailto:steveskisail@gmail.com) 208-830-4223

### SCHEDULE OF EVENTS:

- 7am Registration and rig boats
- 7:45 am Racers Meeting
- 8:00 -11:00 am: Race
- 11:00 am Derig
- 11:30 am Pot Luck Lunch (Please bring a dish to share - SISA will provide grill items with a veggie option)

*Parents - bring a chair (& binoculars) for comfortable viewing. Shade is available.*

**If it floats and is 15' or under, RACE IT! Hope to see you!**



# Doris Denney 1940–2023

Just after Thanksgiving 2023 the Southern Idaho sailing community was saddened to learn of the passing of Doris Denney, a life-long sailor and one of the earliest members of the Southern Idaho Sailing Association. Doris raced her Laser for many years in SISA regattas; camping, playing guitar and singing in the evenings.

Doris gave bearing to many aspects of SISO's youth sailing program, encouraging the all-girls week and politely insisting on "...a real printed newsletter. One that I can hold in my hand, read, share and keep on my coffee table!"

Her profile was featured in the Fall/Winter 2020 issue of this newsletter, and again in Fall/Winter 2022 issue when our first new Boston Whaler coach boat was christened Doris D in her honor.

Doris was a loyal, repeat donor to SISO (a non-profit organization) since its inception. Her remarkable generosity continued after her passing through a sizable bequeathment that SISO was surprised and honored to recently receive. We are extremely grateful.

A short tribute and remembrance is planned for Doris, as a sailor and mentor at the SISA's Rust Remover Regatta, Saturday May 4 at CJ Strike Reservoir. Doris sailed, raced and camped here many times. Thoughts and memories of Doris will be shared as part of the post-race gathering & potluck that starts around 5:00 pm. This dinner is open to all – we would be honored if you would join us. Bring something to grill, a dish to share and a beverage of choice.

The reservoir is about an hour southeast of Boise. The Remembrance will be at Idaho Powers North Park shelter at the northern end of the campground (or the south end of the boat launch)

Directions to CJ Strike may be found here:  
<https://idahosailing.org/racing-2/driving-directions/>.



*Doris Denney christening the safety/chase boat - DORIS D.*

## Nautical Knowledge

**Points of sail** are used to describe a sailboat's course relative to the wind direction. They include:

**No Go Zone:** Sailboat is pointed upwind where sails cannot generate power. Sailing is not possible.

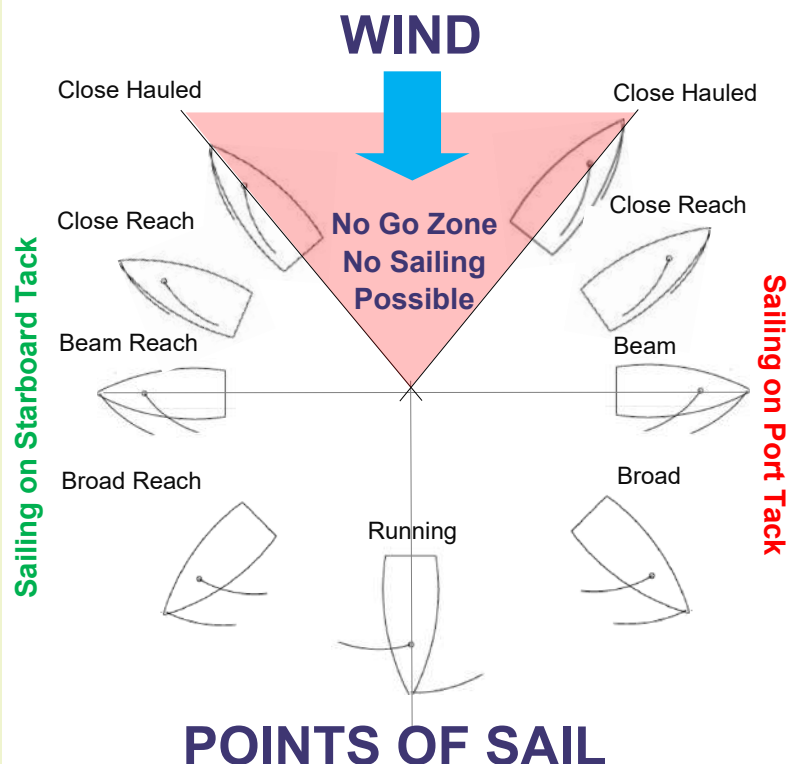
**Close-hauled:** Sailing near the no-go zone.

**Close reach:** Sailing between close hauled and a beam reach.

**Beam reach:** Sailing when the wind is at a right angle to its direction (on its beam) of the sailboat.

**Broad reach:** The wind is coming from behind, but not directly behind the sailboat.

**Running downwind:** The wind coming from directly behind the sailboat.



# Lasting Impression



This is Penelope age 12. I am a participant in the SISO sailing program for youth. I have loved sailing because I am able to learn while having fun with friends, and because I am learning a sport that I can enjoy for the rest of my life. I'd like to thank you for being a reason I am able to learn how to sail.

Sincerely,  
Penelope



## Help Make Youth Sailing Possible

Through your generous donations, SISO is growing one step at a time. Our future is bright and youth sailing in the Treasure Valley is ALIVE!

### Be part of our success!

SISO is a nonprofit organization that promotes a healthy, active lifestyle through youth sailing education.

Thank you for considering becoming a program advocate today by making a tax-deductible donation.

❑ **Online:** [sailingoutreach.org](https://sailingoutreach.org)

by credit card or PayPal

❑ **By check:** Payable to:

Southern Idaho Sailing Outreach Corporation

2117 N 14th Street Boise, Idaho 83702



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## Head over Heels

Meaning: To be 'head over heels' is to be very excited. In a literal sense the expression also refers to turning cartwheels to demonstrate one's excitement.

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